



CJ Summer Health Course – 2017

This summer, CJ will be offering a Summer Health course to CJ students. To be eligible to register, students must meet all CJ registration requirements for the 2017-2018 academic year. Taking Summer Health could allow students to have more flexibility when scheduling required courses for graduation during the regular school year. This Summer Health course meets CJ's health graduation requirement.

Registration for the Summer Health course will be on a first-come, first-served basis based on student grade level with limited space. There will be 3 mandatory attendance days, with the remainder being online. If you have vacation, sport, or other conflicts during those mandatory days, you will not be able to take this class.

The Summer Health course will be conducted as a hybrid class. This means that most of the work will be completed online from home. There will also be 3 days throughout the term when students will be required to be on campus. Students will receive a more detailed syllabus in early May.

As this is a mostly online course, students will need daily access to a computer with a reliable internet connection. On a typical day students should expect to spend about 4 hours working on material for this course. This includes both time working online and offline (reading the textbook, answering chapter review questions, etc.) There are a lot of reading and writing activities required throughout the course. If a student is on an IEP, please contact the Guidance Office at ext. 243 for further information.

Being a hybrid course allows flexibility for students to complete the online work at different times throughout the day. However, students must turn in assignments daily in order to keep up, meet the required deadlines, and participate in the class discussions. As there are not daily class meeting times, this requires that students are highly self-motivated to complete the appropriate work each day. Strict deadlines for the work assigned in this course will be enforced.

Even though this is an online course, the students will not be on their own to complete the work. Students will have regular online interaction with both the teacher and their peers. A portion of the grade for the course will be assessed based on these online interactions. The teacher will also hold regular office hours for students who have questions regarding the course.

Course Objective: This course will emphasize the development of positive health behaviors that will improve life-span and quality of life by reducing health risk factors. The curriculum will cover such topics as physical, mental, social health, stress management, nutrition, body systems, exercise, and infectious diseases. Additionally the curriculum will discuss the negative effects of alcohol, tobacco, and drug addictions.

Course Outline: During this course, along with the daily class work and readings, a guest speaker will cover human sexuality. Students will also incorporate videos on various topics that will ensure an interactive health program. Homework will be assigned to ensure proper retention of topics.

Students enrolled in Summer Health are expected to be working approximately 4 hours every day and be present for all of the class meeting times at CJ. **No exceptions can be made regarding vacations, mission trips, athletic camps, work, etc.**

	DATE	COST
Summer session (0.50 credit)	June 5 – June 28 A majority of course work is accomplished online, though there are three mandatory meetings at CJ: June 5: 12:30 pm – 2:00 pm June 27: 9:00 am – 11:00 am June 28: 9:00 am – 12:00 pm	\$190

To register for Summer Health, return the summer course registration form (found on the Academic page of the CJ website) along with payment to the CJ business office. Registration will be considered complete only after payment has been received and all prior and current financial obligations have been taken care of. Registration is on a first-come, first-served basis based on student grade level until March 16, 2017.

There is NO tuition assistance available for summer school.

Should you have any questions, contact the Guidance Office at (937) 461-3740 x243.